



FACIALS

RELAXING FACIAL leaves you feeling soothed and your skin thoroughly cleansed and nourished **40 €**

REVITALISING FACIAL designed to remove dead skin cells, increase circulation and reduce skin congestion **40 €**

All inclusive no frill FACIAL Includes brow-shape, lip-wax cleanse, mask and moisturise **50 €**

HOLISTIC FACIAL as well as being thoroughly cleansed this facial includes a long relaxing massage with pressure points. Leaving your skin glowing and nourished **50 €**

MANICURE / FEET-TREAT

HANDS

Luxury Manicure

File, cuticle work, soak, exfoliation, mask and varnish (Colour of your choice) **40 €**

FEET

Luxury

File, cuticle work, soak, hard skin removed, exfoliation of feet and legs, mask and varnish (colour of your choice) **40 €**



Your Beautician Linda Gardner

If you have any questions, please don't hesitate to contact me!

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Or you can also contact

**Paula Martin à La Croix Spa
Telephone : 05 45 89 35 87
E-mail : Recherche@LaCroixSpa.fr**



Beauty Treatments

Why not enjoy one of these relaxing treatments whilst on holiday in the beautiful setting of





BACK TREATMENTS

Swedish (deep muscle)	30€
With essential oils (relaxing).	30€
With Hot Stones (deep muscle)	45€

BODY TREATMENTS

(FULL BODY IS ONLY AVAILABLE FOR LADIES)

Swedish (deep muscle)	55€
With essential oils (relaxing)	55€
With hot stones (deep muscle & relaxing, includes body brush)	75€

Note: The treatments offered are solely for the purpose of relaxation and wellbeing

INDIAN HEAD

This massage starts at your shoulders, back and neck. Slowly we work our way up to your scalp where the movements will encourage the flow of blood to your hair follicles. We end with giving your face a little treat as well. The treatment can be done with or without oils, dressed or, for a better effect, directly onto your skin. If we use oils this will also nourish your hair, and it is best not to wash your hair straight away after the treatment

35 €



LUXURIOUS HOLISTIC FACIAL

This lovely treatment will start with giving your face a thorough clean after which a lovely long facial massage will commence. This will help relax your facial muscles and the stimulation of the blood circulation and facial lymph flow, will help to cleanse your skin from the inside. After the massage a masker will be applied to nourish your skin. This gives you the time and chance to just lay there and relax even more. After this treatment which takes about 70 minutes your skin will feel soft and look relaxed and glowing!

50 €

LUXURIOUS HOT STONE TREATMENT

For this ultimate TREAT for your body you will have to allow about 1.30 hours. We start with giving you a body brush. Next the hot stones will warm you through. They are helping you to relax your muscles before, whilst and after they are being worked on with the soothing heat. The hot stones are a good tool to help work on those tensed tired muscles.

(ONLY AVAILABLE FOR LADIES)

75 €



SPECIAL TREAT FOR YOUR BACK

Like our feet we tend to ignore our back!
So why not give your back an extra treat!
Your back will be cleansed and exfoliated before we start work on the muscles.
To finish we will apply a mask to your back, which will do its work, while you relax a bit longer.
Not only will your back have that sense of wellbeing, your skin will also look and feel refreshed.
Ready for the summer or special occasion!

50 €